Parental Supports for E-learning Immaculate Conception School

What is eLearning?

- Blended learning
- Access curriculum
- Learning management system (LMS)
- Technology
- Innovative strategies
- Collaborative
- Engaging
- Digital literacy, computer science standards
- 21st Century Skills/4 C's



9 tips for parents navigating online learning with their children due to Coronavirus

https://www.theladders.com/career-advice/tips-for-parents-online-learning-with-children



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Set daily goals

- Schedule breaks around classes and Zoom meetings
- Make time for health and wellbeing

- Set weekly goals
- Use a calendar or planner to keep track of assessments and activities

Balance & Productivity

Screen time

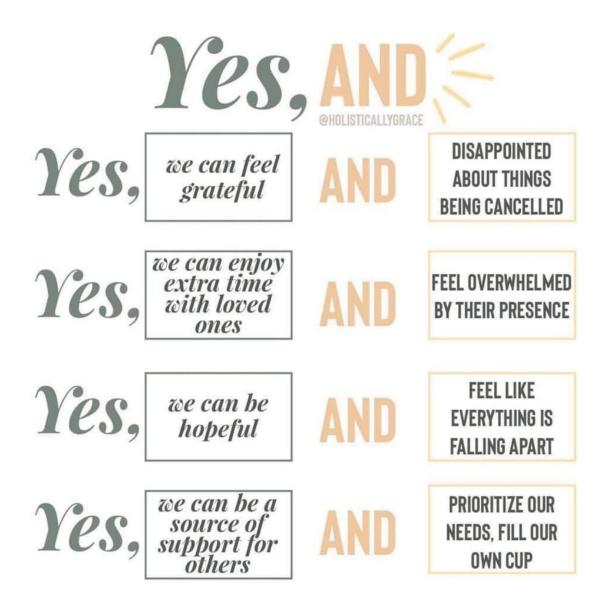
- Use <u>Screentime</u>, <u>Rescuetime</u>, or <u>Focus</u> to monitor screen usage and make adjustments
- Limit distractions (reduce notifications & multitasking)

Managing healthy technology

- Ensure device-free time (eg meal times)
 - Work in a visible space
 - Don't charge devices in bedrooms

https://www.foxnews.com/opinion/coronavirus-lessons-parenting-pandemic-jeannie-cunnion

https://www.today.com/parents/funniest-posts-parents-about-homeschooling-t176811



https://www.galesburg.com/opinion/20200331/mom-stop-column-learning-new-kind-of-homework